



2025 Long Island Classic

Updated 2/18/25



Friday:

Session 1:	8:00 am (floor opens at 7:45)	USAG: 2, 3 & 4
Session 2:	11:15 am	USAG: 5 & 6
Session 3:	2:00 pm	USAG: Xcel S & P
Session 4:	5:00 pm	USAG: 7-10

Saturday:

Session 5:	8:00 am (floor opens at 7:45)	USAG: Xcel G
Session 6:	11:00 am	USAG: Xcel B & D
Session 7:	2:00 pm Gym-Nest • Hills • Progressive • Sagamore	IGC: Bronze Large
Session 8:	4:00 pm All other Bronzes no in large	IGC: Bronze
Session 9:	6:15 pm	IGC: Silver & Gold

Sunday:

Session 10:	8:00 am (floor opens at 7:45)	IGC: Copper 2 & GEM
Session 11:	11:15 am	IGC: Copper 1
Session 12:	2:30 pm	IGC: Diamond



** Please confirm times prior to traveling to your meet**

Any changes will be sent via Push Notifications through the [MeetHub](#) mobile app and posted on Gym-Nest.com